



Positive Parenting

By The Guidance Center's *Family Resource Center* and



Get Flung into Fall with the FRC!



Our Fall Fling focuses on literacy, with many reading nooks featuring different Dr. Seuss tales and activities to reinforce the

Come celebrate Autumn with the Family Resource Center and our special guest, the Cat in the Hat, at the Aquinas building.

stories. Join Gari Stein, a musician from Ann Arbor, for music enjoyment for parents and children of all ages. Find a pumpkin to keep in our community garden and do many other fun fall activities! We will have face painting highlighting fall designs. Each child that attends will also get a free book to take home from our Reading is Fundamental distribution. Free hearing and vision screenings for children will be available



through the Family Resource Center. Refreshments will be provided.

The Fall Fling will be held on October 21 from 4:00 PM to 6:00 PM. Come join in the fun with the Family Resource Center and the Cat in the Hat!

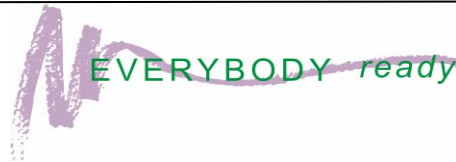


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Special Points of Interest:

- ☺ Fall Fling at the FRC
- ☺ Creativity in Children
- ☺ Let's Talk Language
- ☺ Playgroups
- ☺ Spooky Treats for the season
- ☺ Everybody Ready's open quarterly meeting



Come to Everybody Ready's open quarterly meeting on October 20, 2004 at the Guidance Center's Center for Excellence, 13111 Allen Rd, Southgate. From 9:30 AM until 11:00 AM.

Our keynote speaker will be Jennifer Lepard, Wayne-Metropolitan Community Action Agency's Chief Operating Officer. The focus will be how Wayne-Metro serves Downriver children ages 0-5 directly as well as wraparound services to their families.

Learn more about Wayne Metro and Everybody Ready, a downriver early childhood initiative. Please join us and come early for coffee and bagels. For more information please call Linda Stanko, 734 282 5497, or check our website at everybodyready.com.

Great Parents, Great Start Playgroups

Baby/Toddler Playgroup (Ages zero to three)

Mondays: 10:30 AM to 12:00 AM

October 4, 11, 18, 25

Preschool Playgroup (Ages three to five)

Tuesdays: 1:00 PM to 2:30 PM

October 5, 12, 19, 26

Preschool Playgroup (Ages three to five)

Thursdays: 1:00 PM to 2:30 PM

October 7, 14, 21, 28



Baby/Toddler Playgroups

(Ages zero to three)

Wednesdays from 10:30 AM to 12:00 PM

October 6, 13, 20, 27

Thursdays from 10:30 AM to 12:00 PM

October 7, 14, 21, 28



For more information or to register, call Sarah at (734)785-7705 ext. 7159

Parents As Teachers Parenting Playgroup

For parents and children registered in Parents As Teachers zero to three program. Held at the Family Resource Center. **October 12, 5:00 to 6:30 PM**

Great Parents, Great Start Parenting Playgroup

For parents and children registered in Great Parents, Great Start three to five program. Held at the Family Resource Center. **October 26, 5:00 to 6:30 PM**

For more information or to register, call Andrea at (734) 785-7705 ext. 7159.



After Baby Comes is a support program that offers a home visit, weekly playgroup, and infant massage. In order to qualify for this program, you must be a first time parent with a child under the age of one year. Playgroups are offered on Wednesdays from 12:30 PM to 2:00 PM at the Family Resource Center. Playgroup dates for October: 6, 13, 20, 27

For more information or to register, call Rachel Rosin at (734) 785-7705 ext. 7215.

Infant Massage

The Family Resource Center is pleased to offer a free infant massage class to parents of babies ages one month to crawling. Learn to nurture your baby with infant massage. The many benefits of infant massage include:

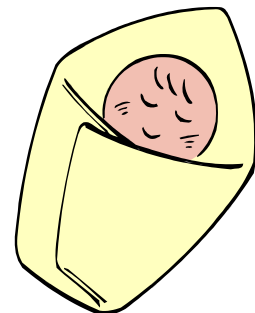
- ◆ Bonding – enhances communication and encourages positive interaction.
- ◆ Relief for baby from discomforts

such as teething, colic, congestion, gas, and emotional distress.

- ◆ Relaxation – helps baby sleep deeper and longer.
- ◆ Helps parents feel more competent and confident in their parenting role.

Our qualified instructor will guide you through the infant massage process with demonstrations and handouts for you to keep. For more

information, please call the Family Resource Center at (734) 785-7705, ext. 7053.



Try out this fun treat, perfect for the season!

What you'll need:

- 1 package refrigerated sugar cookie dough (*chocolate is preferable)
- *If not chocolate use regular and add the following:
- 1/2 cup unsweetened cocoa powder and

Spooky Batwiches

- 2 tablespoons all-purpose flour
 - 1/2 gallon vanilla ice cream
 - Orange and black nonpareils (sprinkles)
- Shape dough into bats or use a cookie cutter.
Bake at 350°F for 12-15 minutes and let cool completely.

Spread with softened ice cream like a sandwich.
Loosely cover and freeze for about an hour or until firm.
Remove from freezer and roll the edges in the black and orange nonpareils.
Shake off excess and serve immediately, or cover and return to freezer until time to serve.

Creativity in Young Children

Children who amaze their teachers with unusual responses to questions or display a keen sense of humor are thinking creatively. Even children who perhaps are nonconforming and unpredictable are thinking creatively.

Because creative thought often goes against the set rules of a strict classroom or home, adults may be irritated by the behavior of a creative child. Adults often do not recognize the value creative children bring to families and classrooms. All children become adults who will make a difference in our world with their creative problem-solving skills.

Try these brainstorming activities

- o Hand a child a piece of modeling clay and ask the child to imagine that he or she is the modeling clay.
- o Place a child in a different time and place. For instance, ask a child to describe how he or she would cook a meal without electricity, silverware, dishes, etc.
- o Ask a child to describe a problem or an event using pictures instead of words.
- o Ask a child to solve a problem using the most unusual solutions he or she can come up with.

Creativity Through Art

Art is only one way children can express themselves but because it develops before writing, or abstract thinking, adults can see creativity expressed in art more easily with young children.



The following is a brief overview of the developmental stages of children's art. Please keep in mind that the ages given are general guidelines and that children will enter and leave each stage at their own pace.

Scribbling stage (approximately 2 to 4 years)

In this stage, children:

- Are amazed at their ability to make marks.
- Spend much time practicing motor skills.
- Draw circles first, then squares and other geometric shapes.
- Begin trying to create (draw) their world.
- May want to point to and name parts of their drawings.

Pre-schematic stage (late preschool to approximately age 7)

At this stage, children

- Make first attempts to represent people or objects. Efforts are recognizable to adults.
- Are fascinated with the wide variety of colors.
- Achieve obvious connections between different parts of a drawing.
- Value signs of approval from teachers and peers.
- Are easily discouraged and fatigued.
- Are active, hands on, eager to learn, and self-centered.
- Are highly imaginative yet tend to focus on one idea at a time.

Search for ways to represent their ideas.

<http://www.ces.ncsu.edu/depts/fcs/human/pubs/cdcreativ.html>

taken from nncc.com



Let's Talk Language Tip



"Let's Talk" Language Toddler Tip:

Play a game when your child is beginning to recognize the parts of her body. Touch your nose and say, "I am touching my nose. Can you touch your nose?" Do this with all parts of the body and encourage your child to repeat the name of the part she is touching. If she touches a new part of her body, name it for her and imitate her.



Mission Statements

Everybody Ready

Our Vision: All children will be physically, intellectually, emotionally, socially and spiritually prepared to enter kindergarten “Ready to Learn, Ready to Succeed, Ready for Life” through the love, nurture and support of their families, their caregivers and their communities.

Our Mission: Everybody Ready engages the community to support families and caregivers as they meet the needs of children 0-5.

Please check out our website www.everybodyready.com. On it you will find upcoming events for children 0-5, and information telling you all about Everybody Ready. Look for our open quarterly meetings. We always have a keynote speaker talking about issues of young children.

Our next quarterly meeting is October 20th. Please call 734 282-5497 with any questions.

Family Resource Center

The Guidance Center’s Family Resource Center’s mission is to provide comprehensive, research-based family support services to enhance families’ capacity to support the growth and development of all family members — adults, youth, and children, as well as the community.



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